

## MONDAY

<b>MAIN MEAL</b>	Chicken & Vegetable Chow Mein
<b>VEGGIE MEAL</b>	Mushroom Chow Mein <b>V</b>
<b>SIDES</b>	Sweetcorn <b>Ve</b>
<b>DESSERT</b>	Chocolate Rice Krispie Cake <b>V</b>

## TUESDAY

<b>MAIN MEAL</b>	Beef Bolognese with Spaghetti
<b>VEGGIE MEAL</b>	Vegan Bolognese with Spaghetti <b>Ve</b>
<b>SIDES</b>	Peas <b>Ve</b>
<b>DESSERT</b>	Carrot Cake <b>V</b>

## WEDNESDAY

<b>MAIN MEAL</b>	Roast Chicken & Gravy
<b>VEGAN MEAL</b>	Roasted Vegetable & Spinach Wellington & Gravy <b>Ve</b>
<b>SIDES</b>	Roast Potatoes & Seasonal Greens <b>Ve</b>
<b>DESSERT</b>	Vanilla Sponge <b>V</b>

## THURSDAY

<b>MAIN MEAL</b>	Beef Burrito
<b>VEGGIE MEAL</b>	Vegetable & Bean Buritto <b>Ve</b>
<b>SIDES</b>	Sweetcorn & Iceberg Salad <b>Ve</b>
<b>DESSERT</b>	Maryland Cookie <b>V</b>

## FRIDAY

<b>MAIN MEAL</b>	Battered Fish
<b>VEGAN MEAL</b>	Vegetable Frittata <b>V</b>
<b>SIDES</b>	Chips & Baked Beans <b>Ve</b>
<b>DESSERT</b>	Chocolate & Courgette Sponge <b>V</b>

## JACKET & PASTA BAR AVAILABLE DAILY

Week 1:

20th February, 13th March, 3rd April, 24th April, 15th May, 5th June, 26th June,  
17th July, 28th August, 18th September, 9th October

## MONDAY

<b>MAIN MEAL</b>	Jerk Chicken with Jollof Rice
<b>VEGGIE MEAL</b>	Vegetable Biryani <b>Ve</b>
<b>SIDES</b>	Carrots <b>Ve</b>
<b>DESSERT</b>	Lemon Drizzle Sponge <b>V</b>

## TUESDAY

<b>MAIN MEAL</b>	Beef Lasagne
<b>VEGGIE MEAL</b>	Vegetable Lasagne <b>V</b>
<b>SIDES</b>	Sweetcorn & Garlic Bread <b>Ve</b>
<b>DESSERT</b>	Banana Flapjack <b>Ve</b>

## WEDNESDAY

<b>MAIN MEAL</b>	Honey Roast Gammon & Gravy
<b>VEGGIE MEAL</b>	Macaroni & Cheese <b>V</b>
<b>SIDES</b>	Roast Potatoes & Seasonal Greens <b>Ve</b>
<b>DESSERT</b>	Orange Shortbread Biscuit <b>Ve</b>

## THURSDAY

<b>MAIN MEAL</b>	Chicken Tikka Masala & Rice
<b>VEGGIE MEAL</b>	Vegetable Pasanda with Rice <b>Ve</b>
<b>SIDES</b>	Broccoli <b>Ve</b>
<b>DESSERT</b>	Chocolate Muffin <b>V</b>

## FRIDAY

<b>MAIN MEAL</b>	Battered Fish
<b>VEGGIE MEAL</b>	Spiced Squash & Spinach Samosa <b>Ve</b>
<b>SIDES</b>	Chips & Baked Beans <b>Ve</b>
<b>DESSERT</b>	Apple & Parsnip Cake <b>V</b>

## JACKET & PASTA BAR AVAILABLE DAILY

Week 2:

27th February, 20th March, 10th April, 1st May, 22nd May, 12th June, 3rd July,  
4th September, 25th September, 16th October

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HONESTLY GOOD FOOD

## MONDAY

**MAIN MEAL**

Cumberland Sausage with Mashed Potato & Gravy

**VEGAN MEAL**

Vegetable & Butterbean Cottage Pie with Gravy **Ve**

**SIDES**

Peas **Ve**

**DESSERT**

Apple & Carrot Flapjack **Ve**

## TUESDAY

**MAIN MEAL**

Beef Chilli with Steamed Rice

**VEGAN MEAL**

Vegetable Chilli with Steamed Rice **Ve**

**SIDES**

Steamed Carrots **Ve**

**DESSERT**

Chocolate & Beetroot Brownie **V**

## WEDNESDAY

**MAIN MEAL**

Sticky Glazed Chicken

**VEGAN MEAL**

Tomato, Red Onion & Mozzarella Quiche **V**

**SIDES**

Roast Potatoes & Seasonal Greens **Ve**

**DESSERT**

Cherry Cornflake Cake **V**

## THURSDAY

**MAIN MEAL**

Beef Burger

**VEGGIE MEAL**

Vegetable Burger **Ve**

**SIDES**

Spicy Wedges **Ve** & Coleslaw **V**

**DESSERT**

Berry Crumble Slice **Ve**

## FRIDAY

**MAIN MEAL**

Battered Fish

**VEGAN MEAL**

Vegetable Fajita Wrap **Ve**

**SIDES**

Chips & Baked Beans **Ve**

**DESSERT**

Chocolate Cookie **V**

## JACKET & PASTA BAR AVAILABLE DAILY

Week 3:

6th March, 27th March, 17th April, 8th May, 29th May, 19th June, 10th July,  
11th September, 2nd October

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HONESTLY GOOD FOOD