

## MONDAY

<b>MAIN MEAL</b>	Chicken & Pepper Pizza with Potato Wedges
<b>VEGGIE MEAL</b>	Macaroni Cheese ✓
<b>SIDES</b>	Carrots & Peas ✓
<b>DESSERT</b>	Apple Crumble with Custard ✓

## TUESDAY

<b>MAIN MEAL</b>	Hoisin Chicken with Spaghetti Noodles
<b>VEGGIE MEAL</b>	Hoisin Vegetables with Spaghetti Noodles ✓
<b>SIDES</b>	Green Beans & Cauliflower ✓
<b>DESSERT</b>	Syrup Sponge with Custard ✓

## WEDNESDAY

<b>MAIN MEAL</b>	Roast Pork & Apple Sauce with Roast Potatoes
<b>VEGGIE MEAL</b>	Vegetable Loaf & Trimmings with Roast Potatoes ✓
<b>SIDES</b>	Seasonal Vegetables ✓
<b>DESSERT</b>	Chocolate Sponge with Chocolate Sauce ✓

## THURSDAY

<b>MAIN MEAL</b>	Beef & Vegetable Pie with Mashed Potato & Gravy
<b>VEGGIE MEAL</b>	Vegetarian Pie with Mashed Potato & Gravy ✓
<b>SIDES</b>	Carrots & Sweetcorn ✓
<b>DESSERT</b>	Jam Sponge with Custard ✓

## FRIDAY

<b>MAIN MEAL</b>	Battered Fish with Chips
<b>VEGGIE MEAL</b>	Vegetarian Burger with Chips ✓
<b>SIDES</b>	Baked Beans & Garden Peas ✓
<b>DESSERT</b>	Cherry Flapjack ✓

30<sup>TH</sup> OCT, 20<sup>TH</sup> NOV, 11<sup>TH</sup> DEC, 1<sup>ST</sup> JAN, 22<sup>ND</sup> JAN, 12<sup>TH</sup> FEB, 5<sup>TH</sup> MAR, 26<sup>TH</sup> MAR  
WEEK 1 - 5

## MONDAY

<b>MAIN MEAL</b>	Baked Beef Lasagne with Potato Wedges
<b>VEGGIE MEAL</b>	Mediterranean Burrito with Potato Wedges ✓
<b>SIDES</b>	Carrots & Sweetcorn ✓
<b>DESSERT</b>	Apple Pie with Custard ✓

## TUESDAY

<b>MAIN MEAL</b>	Chicken Tikka Masala with Rice
<b>VEGGIE MEAL</b>	Sweet Potato & Chickpea Korma with Rice ✓
<b>SIDES</b>	Garden Peas & Kachumber Salad ✓
<b>DESSERT</b>	Sultana Sponge with Custard ✓

## WEDNESDAY

<b>MAIN MEAL</b>	Roast Beef & Yorkshire Pudding with Roast Potatoes
<b>VEGGIE MEAL</b>	Bean Hot Pot ✓
<b>SIDES</b>	Seasonal Vegetables ✓
<b>DESSERT</b>	Apple Crumb Cake with Custard ✓

## THURSDAY

<b>MAIN MEAL</b>	Cottage Pie with Gravy
<b>VEGGIE MEAL</b>	Cottage Pie with Gravy ✓
<b>SIDES</b>	Cauliflower & Sweetcorn ✓
<b>DESSERT</b>	Sticky Toffee Pudding with Custard ✓

## FRIDAY

<b>MAIN MEAL</b>	Battered Fish with Chips
<b>VEGGIE MEAL</b>	Falafel Wrap & Minted Yoghurt with Chips ✓
<b>SIDES</b>	Baked Beans & Garden Peas ✓
<b>DESSERT</b>	Shortbread ✓

6<sup>TH</sup> NOV, 27<sup>TH</sup> NOV, 18<sup>TH</sup> DEC, 8<sup>TH</sup> JAN, 29<sup>TH</sup> JAN, 19<sup>TH</sup> FEB, 12<sup>TH</sup> MAR, 2<sup>ND</sup> APRIL  
WEEK 2- S

## MONDAY

<b>MAIN MEAL</b>	Beef Bolognese with Herby Spaghetti
<b>VEGGIE MEAL</b>	Cheese & Tomato Pizza with Potato Wedges ✓
<b>SIDES</b>	Carrots & Sweetcorn ✓
<b>DESSERT</b>	Rhubarb & Pear Crumble with Custard ✓

## TUESDAY

<b>MAIN MEAL</b>	Stir Fried Chicken with Rice
<b>VEGGIE MEAL</b>	Stir Fried Vegetables with Rice ✓
<b>SIDES</b>	Green Beans & Cauliflower ✓
<b>DESSERT</b>	Bread & Butter Pudding with Custard ✓

## WEDNESDAY

<b>MAIN MEAL</b>	Roast Chicken & Stuffing with Roast Potatoes
<b>VEGGIE MEAL</b>	Leek & Potato Bake ✓
<b>SIDES</b>	Seasonal Vegetables ✓
<b>DESSERT</b>	Chocolate Sponge with Chocolate Sauce ✓

## THURSDAY

<b>MAIN MEAL</b>	Sausages with Mashed Potato & Onion Gravy in a Yorkshire Pudding
<b>VEGGIE MEAL</b>	Sausages with Mashed Potato & Onion Gravy in a Yorkshire Pudding ✓
<b>SIDES</b>	Broccoli & Cabbage ✓
<b>DESSERT</b>	Lemon Cake with Custard ✓

## FRIDAY

<b>MAIN MEAL</b>	Battered Fish with Chips
<b>VEGGIE MEAL</b>	Chickpea Burger with Chips ✓
<b>SIDES</b>	Baked Beans & Garden Peas ✓
<b>DESSERT</b>	Fruit Flapjack ✓

13<sup>TH</sup> NOV, 4<sup>TH</sup> DEC, 25<sup>TH</sup> DEC, 15<sup>TH</sup> JAN, 5<sup>TH</sup> FEB, 26<sup>TH</sup> FEB, 19<sup>TH</sup> MAR 9<sup>TH</sup> APRIL

WEEK 3-5

**pabulummm**  
HONESTLY GOOD FOOD